Manhattan Public Library

Tech Class – Instagram for Beginners

Resources

- Instagram Help Center – **https://help.instagram.com/**
- Class website – **https://www.mhklibrary.org/events/tech-training-and-workshops/instagram-basics/**

How do I post a photo on Instagram?

To upload a photo or take a new one, first tap ⊕ at the bottom of the screen:

- To upload a photo from your phone's library, tap **Library** at the bottom of the screen and select the photo you'd like to share.
- To take a new photo, tap **Photo** at the bottom of the screen then tap ◯. You can tap ⟳ to switch between front and rear-facing cameras and ⚡ to adjust flash.

Once you've taken or uploaded a photo, you can add effects or filters, a caption and your location before posting. You can also post a video.

Note: You can't take or upload photos from a desktop computer.

How do I share a photo or video to my Instagram story?

To share a photo or video to your story using the Instagram app:

1. Tap 📷 in the top left of your screen or swipe right from anywhere in feed.
2. Tap ◯ at the bottom of the screen to take a photo, or tap and hold to record a video. To choose a photo from your phone's library or gallery, swipe up anywhere on the screen.
3. Tap ✎, Aa or 😀 to draw, add text or a sticker to your photo or video. To remove text or a sticker, drag and drop it on 🗑 at the bottom of the screen.
4. When you're ready to share, tap **Your Story** in the bottom left.

Note: Stories disappear from profile and feed after 24 hours, unless you add them to your profile as highlights.

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